

## suntise menu

All items are served with a choice of Yukon Gold Potato Hash or Seasonal Fruit

Classic Rise & Shine gf Scrambled Eggs, Applewood Smoked Bacon / 12

**Farmer's Market Omelet** veg/gf Organic Tomatoes, Spinach, Zucchini, Peppers / 12

Crushed Avocado Toast veg Multigrain Bread, Sunny Side-Up Eggs, Guacamole, Organic Tomato, Arugula, Lemon Dressing / 13

**Farmer's Table Palooza** Blueberry Multigrain Pancakes, Scrambled Eggs, Applewood Smoked Bacon, Chicken Sausage / 15

**Steak & Egg Skillet** gf Grass-Fed Hanger Steak Bites, Potato Hash, Cheddar Cheese & Scrambled Eggs/19

## Farmer's Favoriles

**Corn Pancake Royale** gf Sunny Side-Up Eggs, Creole Etouffee Sauce, Bacon / 12

Very Berry French Toast veg Almond Milk Brioche, Organic Granola Crunch, Local Yogurt Strawberry Drizzle/13

Multigrain Pancakes veg Live Active Culture Labneh, Acai Blueberry Sauce Short Stack (3)/8 Tall Stack (5)/11

Vegan Power Breakfast v/gf Roasted Butternut Squash & Portabella Mushrooms, Organic Tomato, Spinach, Toasted Ancho Chili Aoli, Sunflower Sprouts / 12

> Pecan Caramel Oatmeal v/gf Roasted Organic Apples / 9

**Vegan "Huevos" Rancheros** v Toasted Flour Tortilla, Refried Black Beans, Akee Fruit, Avocado, Pico de Gallo / 12

> Sides: Applewood Smoked Bacon or Chicken Sausage / 5 Add: Cheddar Cheese, Vegan Mozzarella or House Made Mozzarella/ 2

> > v: vegan | veg: vegetarian | gf: gluten free

FEEL GOOD FOOD

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.

## beverages

## barista –

All Drinks Are Available Decaffeinated Served with Organic Whole Milk, Soy, Almond, or Coconut Milk

Organic Coffee Service Latitude 23.5 Organic "Roast Masters Blend" / 3

Single Espresso / 4

Double Espresso / 6

**Americano** Espresso and Hot Water / 4

Macchiato Espresso Topped with Steamed Milk Foam / 5

Mocha Macchiato Espresso, Chocolate and Topped with Steamed Milk Foam / 5

> **Cappuccino** Espresso, Hot Milk, and Steamed Milk Foam / 5

> > Latte

Espresso and Steamed Milk / 5 Flavors: Mint Chocolate, Hazelnut, Pumpkin Spiced Caramel / 6

> **Café Mocha** Espresso, Chocolate and Steamed Milk / 6

Chai Tea Latte Organic Black Tea, Chai Spice, Steamed Milk, Cinnamon Sprinkle / 6

**Cold-Press Ice Coffee** / 6



Organic Trend Tea Served with Cane Sugar or Dry Natural Sweeteners

**English Breakfast** This Tea Produces a Full Bodied Yet Smooth Cup. A Perfect Way to Start The Day / 4

Jade Cloud A Lively, Delicious Everyday Green Tea Nurtured by the Clouds and Cool Mist of Early Spring / 4

> Lemon Ginger Chinese Green Tea with Ginger Root, Lemon Grass & Lemon Myrtle / 4

Chamomile & Mint A Blend of Chamomile, Peppermint Leaf, Licorice Root and Lemon Peel (No Caffeine) / 4

> Organic White Spice White Tea with Star Anise and Helichrysum Flowers / 4

**Reiki Blend** A Balance of Dried Fruits, Herbs and Flower Blossoms (No Caffeine) / 4

v: vegan | veg: vegetarian | gf: gluten free | sus: sustainable | org: organic

We practice caution in preparing our gluten free items and do our best to insure a gluten free product. Farmer's Table is NOT a gluten free environment. In consuming our gluten free products, be aware that there may be a chance of cross contamination. Patrons are encouraged to consider this information in light of their individual requirements and needs.