



# farmer's table

FRESH • HEALTHY • DELICIOUS

## starters

**Farmer's Vegetable Stew** / 6

**Bone Broth**<sup>gf</sup>

Roasted Chicken Broth / 5

**Butternut Squash Soup** <sup>v/gf</sup> / 7

**Chicken Meatballs**<sup>gf</sup>

Joey's Mom's Tomato Sauce,  
Fresh Mozzarella / 10

**Mezze Board**<sup>v</sup>

Hummus, Ajvar, Kale Pesto, Tzatziki,  
Toasted Zaatar Naan, Cucumber,  
EVOO / 13

**Cucumber Avocado "Tartare"** <sup>v</sup>

Ginger-Chili Lime Dressing,  
Flatbread Herb Crisp / 11  
ADD: Poke or Seared Tuna / 10  
"FTA" Shrimp / 8

**Boca Poke Tuna**<sup>gf</sup>

Sesame Tamari Sauce, Rice Noodle Salad,  
Pea Tendrils / 16

**Maple Pepper Glazed**

**Baby Back Ribs**<sup>gf</sup>

"Fork Tender" Ribs,  
Wildflower Honey Cole Slaw, Corn Cake / 15

**Buffalo Cauliflower**

**"Drumettes"** <sup>v/gf</sup>

Flash Roasted Aparagus Crudit e  
Vegan Ranch Dressing / 11

## sides

All Sides are Vegan and Gluten Free / \$7 Each

**Roasted Spaghetti Squash**

**Simply Steamed Broccoli**

**Organic Steamed Spinach**

**Baked Yukon Gold Steak Fries**

**Tuscan Bean & Vegetable Ragout**

**Roasted Brussels Sprouts**

### "FTA" - Farmer's Table Approved

We do our best every day to consciously source the cleanest ingredients for our guests. Where ever you see "Farmer's Table Approved" (FTA) on our menu, it means we carefully sourced that item to be of the highest quality available. We proudly serve grass-fed and grass-finished beef, antibiotic-, hormone- and steroid-free chicken, chemical-free shrimp, and sustainable seafood. We support local farms for fresh produce when available and harvest produce from our own organic garden. We strictly adhere to the Environmental Working Group's Dirty Dozen Food philosophy, sourcing only organic products for their recommended fruits and vegetables. Ask your server for more information.

v. vegan | veg. vegetarian | gf. gluten free

## brunch at the farm

**Classic Rise & Shine**<sup>gf</sup>

Scrambled Eggs,  
Applewood Smoked Bacon,  
Potato Hash / 12  
ADD Cheese: Cheddar,  
House Made Mozzarella,  
Vegan Mozzarella / 2

**Crushed Avocado Toast**<sup>veg</sup>

Multigrain Bread,  
Sunny Side-Up Eggs,  
Organic Tomato, Arugula,  
Lemon Dressing, Potato Hash / 13

Sides: Applewood Smoked Bacon or Chicken Sausage / 5

ADD Cheese: Cheddar, House Made Mozzarella, Vegan Mozzarella / 2

**Almond Milk Brioche**

**French Toast**

Applewood Smoked Bacon,  
Mango Peach Preserve,  
Cashew Cheesecake Dip / 13

**Multigrain**

**Blueberry Pancakes**<sup>veg</sup>  
House Made Almond Ricotta  
& Blueberry Sauce  
Short Stack (3) / 9  
Tall Stack (5) / 13

**Farmer's Uber Breakfast**

Carved Roasted Rib Eye,  
Sp tze Brussels Sprouts Hash,  
Sunny Side Up Egg,  
Horseradish Hollandaise / 23

**House Smoked**

**Pastrami Salmon**

Cabbage & Green Apple Slaw,  
Bibb Lettuce, Tomato,  
Sliced Egg, Artisan Rye Bread / 16

**Caprese Prosciutto**

**Frittata**<sup>gf</sup>

Organic Tomatoes & Spinach,  
Mozzarella, Roasted Pepper Aioli,  
Arugula / 15

## greens

**Namaste Raw** <sup>v/gf</sup>

Living Salad, Cabbage,  
Broccoli, Organic Peppers &  
Sprouted Beans, Onions,  
Cucumbers, Koji Vinaigrette / 12

**Florida 77** <sup>veg/gf</sup>

Field Greens, Avocado, Oranges,  
Carrots, Hearts of Palm,  
Candied Cashews,  
Mile Marker 77 Vinaigrette / 12

**Mediterranean** <sup>veg/gf</sup>

Romaine Hearts, Feta,  
Cucumbers, Bell Peppers,  
Red Onions, Olives, Tomatoes,  
Lemon-Oregano Vinaigrette / 12

**Arugula &**

**Roasted Beet** <sup>veg/gf</sup>

Goat Cheese, Spiced Pistachios,  
Pickled Onions,  
Sherry Vinaigrette / 12

**Farmer's Table Cobb** <sup>gf</sup>

Chiffonade Romaine, Chicken,  
Egg, Avocado, Cucumbers,  
Tomatoes, Carrots, Bacon,  
Wildflower Honey Vinaigrette / 15

### ADD

Grilled Chicken / 6

Seared Atlantic Tuna / 10

"FTA" Salmon / 10

"FTA" Shrimp / 8

Marinated Tofu / 5

Hanger Steak / 10

Applewood Smoked Bacon / 2

Carved Roasted Rib Eye / 12

Avocado / 2

## handhelds

All items are served with your choice of Wild Flower  
Honey Cole Slaw, Baked Yukon Gold Fries or  
Mixed Greens and a Dill Pickle

**"FTA" Salmon Burger Banh Mi**

Sesame Brioche Roll, Kung Pao Glaze,  
Vietnamese Pickled Veggie / 15

**New England Lobster Roll** <sup>v</sup>

Fresh Maine Lobster Salad,  
Split Top Toasted Brioche Bun, Shaved Celery / 24

**Falafel Veggie Burger** <sup>v</sup>

Vegan Bun, Sesame Chili Aioli,  
Tomato Cucumber Salsa / 13

**Panang Curry Chicken Salad**

Grilled Tandoori Naan, Cucumber,  
Sunflower Sprouts / 14

**Grass-Fed Beef Burger**

Brioche Bun, Fig Braised Onions, Lettuce, Tomato / 15  
TOP IT: Pulled First Cut BBQ Brisket / 4

## flatbreads

All crusts are made with Lavash Thins

**Pulled BBQ Brisket Breakfast**

Pepperonata, Cheddar Cheese,  
Pickled Red Onions, Arugula,  
Sunny Side Up Egg / 14

**Cauliflower, Beets & Brie** <sup>veg</sup>

Roasted Beet Relish, Fig Jam,  
Caramelized Onions, Arugula / 12

**Kale Primavera** <sup>v</sup>

Roasted Garden Vegetables, Tomato,  
Spinach, Red Pepper Sauce, Kale Pesto,  
Vegan Mozzarella / 12

**Wild Mushroom &**

**Goat Cheese** <sup>veg</sup>

Balsamic Onions, Savory Herbs / 12

## knife and fork

**Grilled Chicken Paillard** <sup>gf</sup>

Arugula, Organic Grape Tomatoes,  
Shaved Parmesan Cheese,  
Red Onions,  
Lemon-Oregano Vinaigrette / 19

**Ramen Bowl**

Snow Peas, Enoki Mushrooms,  
Carrots, Cabbage, Gingered Egg,  
Mushroom Dashi,  
Choice of Chicken, Tofu, Shrimp / 21  
Tuna / 25

**Farmer's Signature**

**"Spasta" & Meatballs** <sup>gf</sup>

Choice of Chicken or  
Vegan Meatballs,  
Spaghetti Squash,  
Organic Spinach,  
Tomato Basil Sauce / 19  
ADD Cheese: Cheddar,  
House Made Mozzarella,  
Vegan Mozzarella / 2

**Pastaless**

**Vegetable Lasagna** <sup>v/gf</sup>

Organic Steamed Spinach,  
Joey's Mom's Tomato Sauce / 18  
ADD Cheese: Cheddar,  
House Made Mozzarella,  
Vegan Mozzarella / 2

**Grilled "FTA" Salmon** <sup>gf</sup>

Tuscan Bean & Vegetable  
Ragout, Organic Spinach,  
Kale Pesto / 26

Some items may be served raw or undercooked.  
Consuming raw or undercooked meats, poultry,  
seafood, shellfish, or eggs may increase your risk  
of foodborne illness, especially if you have certain  
medical conditions. Your meal may contain traces  
of flour as we are not a gluten-free facility.

# from the vine

## WHITE

Glass / Bottle

### WINE SPRITZER

Pinot Grigio, Grapefruit Soda, Fresh Orange 10/-

## BUBBLES

Mionetto Prosecco, Italy [sus](#) 12 / split  
Mionetto Moscato, Italy [sus](#) 12 / split  
Mionetto Rosé Prosecco, Italy [sus](#) 12 / split  
Valdo Numero Uno, Cuvée 11 / 40  
Moët & Chandon Champagne, France - / 85

## CHARDONNAY

Oxford Landing, South Australia 9 / 32  
Chalk Hill, Sonoma [sus](#) 14 / 48  
La Crema, Monterey [sus](#) 13 / 39  
Wente Morning Fog, Livermore Valley 11 / 39

## SAUVIGNON BLANC

Clifford Bay, New Zealand [sus](#) 9 / 32  
Matanzas Creek, Sonoma [sus](#) 11 / 40  
Kim Crawford, New Zealand 13 / 48

## PINOT GRIGIO

Sycamore Lane, California [sus](#) 9 / 32  
Zenato delle Venezie, Italy [sus](#) 10 / 36  
Benvolio Friuli, Italy 11 / 39

## ROSE

Kendall Jackson Vintner's Reserve, California [sus](#) 10 / 36  
Whispering Angel, France 14 / 52

## RED

Glass / Bottle

### FARMER'S RED SANGRIA

Cabernet, Cointreau, Brandy, Agave, Organic Apples & Orange 10/-

## CABERNET SAUVIGNON

Flichman, Argentina 9 / 32  
Rickshaw, California 10 / 36  
Wente, Livermore Estates 15 / 56  
Priest Ranch, Napa [sus](#) 17 / -  
Austin Hope, Paso Robles [sus](#) - / 75  
Jordan, Alexander Valley - / 110

## PINOT NOIR

Castle Rock, California 9 / 32  
Acrobat, Oregon [org](#) 11 / 40  
Meomi, Sonoma [sus](#) 15 / 56

## MERLOT

Murphy-Goode, California 10 / 36  
Ancient Peaks, Paso Robles 12 / 44

## ZINFANDEL & RED BLENDS

The Federalist Zinfandel, California 14 / 52  
Mad Genius Red Blend, California 11 / 40  
The Riddler Red Blend, Napa 15 / 56  
Prisoner Red Blend, Napa - / 84

v: vegan | veg: vegetarian  
gf: gluten free | sus: sustainable  
org: organic

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# elixirs

Non-Alcoholic

### The Essential [v/gf](#)

Organic Blackberries & Raspberries, Fresh Rosemary, Organic Aloe Vera, Organic Cold Pressed Beet, Carrot, Apple, Ginger & Lemon Juices / 9

### Cuke Of Earl [v/gf](#)

Smashed Cucumber, Organic Coconut Water, Plant Chlorophyll, Mint, Organic Lemon Juice, Organic Agave Nectar / 9

### One In A Melon [v/gf](#)

Organic Blueberries & Raspberries, Mint Leaves, Organic Agave, Organic Aloe Vera, Cayenne Pepper, Coconut Palm Nectar, Cold Pressed Watermelon & Lemon Juices / 9

### What's Up Doc [v/gf](#)

Organic Carrot Juice, Organic Pineapple Juice, Mint Leaves, Organic Aloe Vera, Organic Agave Nectar, Turmeric, Ginger, Lemon Juice, Organic Apples / 9

### The Remedy [v/gf](#)

Organic Raspberries & Blueberries, Mint Leaves, Pomegranate Juice, Lemon Juice, Green Tea, Organic Agave, Splash of Club Soda / 9

### Sunny Day [v/gf](#)

Organic Mango, Organic Pineapple Juice, Organic Aloe, Coconut Water, Lime Juice, Turmeric, Black Pepper, Cilantro / 9

# refresh & revive

Non-Alcoholic

### Organic Iced Tea

Jasmine Peach or Black / 3

### Farmer's Lemonade

Pressed Lemon, Florida Honey / 3

### Gen Coco

Fresh Whole Non-GMO Organic Coconut / 9

### Jones Craft Sodas

Cola, Cola Zilch, Ginger Ale, Root Beer, Lemon-Lime, Black Cherry / 3

### Rebirth Of Cool

Iced Cold Brewed Coffee, Almond Milk, Vanilla-Cinnamon Turbinado Syrup / 7

# garden to glass

### Watermelon Blackberry Mojito

Bacardi Rum, Organic Watermelon, Organic Lemon Juice, Smashed with Blackberries, Lime & Mint / 11

### Roseberry

Misunderstood Ginger Whiskey, Elder Flower, Fresh Rosemary, Pomegranate & Blackberry Juices, Agave Nectar, Topped with Lemon & Champagne / 12

### Mango Lime Caipirinha

Leblon Cachaça, Organic Mango, Organic Pineapple, Aloe & Coconut Water, Lime / 11

### Spa-Day

Crop Organic Cucumber Vodka, Coconut Water, Smashed Cucumber & Mint, Lemonade / 11

### Down the Rabbit Hole

One with Life Organic Tequila, Organic Carrot & Pineapple Juices, Fresh Lime, Ginger Beer, Spiced Rim / 12

### Pomegranate Cosmo

American Harvest Organic Vodka, Organic Pomegranate Juice, Lemon Juice, Green Tea, Agave / 12

# craft beer

## draft selections

### Barrel Of Monks Seasonal

Ask Your Server for Details  
Barrel Of Monks Brewery/Boca Raton, FL / 8

### Copperpoint Lager Amber Lager

Copperpoint Brewing Co./Boynton Beach, FL / 8

### Floridian Hefeweizen

Funky Buddha/Fort Lauderdale, FL / 8

### Jai Alai American IPA

Cigar City Brewing/Tampa, FL / 8

## traditional selections

O'Doul's St. Louis, MO / 5

Miller Lite Milwaukee, WI / 6

Michelob Ultra St. Louis, MO / 6

Heineken Netherlands / 7

Stella Artois Belgium / 7

Corona Mexico / 7

## bottled selections

Wynwood La Rubia Blonde Ale  
Wynwood Brewing Co/Miami, FL / 7

### Monk In the Trunk

Organic Belgian Amber Ale  
Inlet Brewing Co/Jupiter, FL / 7

Due South Category 3 American IPA  
Due South Brewing Co/Boynton Beach, FL,  
Pint / 9

### Hop Gun American IPA

Funky Buddha/Fort Lauderdale, FL / 7

Sam Smith Cider Organic Apple Cider  
Sam Smith Brewery/England / 8

Sam Smith Chocolate Stout Organic  
Chocolate Stout  
Sam Smith Brewery/England / 9

Grapefruit Radler Beer and Grapefruit Soda  
Stiegl Brewery, Austria / 8

Florida Cracker Belgian Style White Ale  
Cigar City Brewing, Tampa, FL / 7