



farmer's table
FRESH • HEALTHY • DELICIOUS

sunrise menu

All items are served with a choice of Yukon Gold Potato Hash or Seasonal Fruit

Classic Rise & Shine gf

Scrambled Eggs, Applewood Smoked Bacon / 12

Farmer's Market Omelet veg/gf

Organic Tomatoes, Spinach, Zucchini, Peppers / 12

Crushed Avocado Toast veg

Multigrain Bread, Sunny Side-Up Eggs, Organic Tomato, Arugula, Lemon Dressing / 12

Farmer's Table Palooza

Choice of Blueberry Multigrain Pancakes or Almond French Toast,
Scrambled Eggs, Applewood Smoked Bacon, Chicken Sausage / 15

Steak & Egg Skillet gf

Grass-Fed Hanger Steak Bites, Potato Hash,
Cheddar Cheese & Scrambled Eggs / 19

Farmer's Favorites

Corn Pancake Ranchero veg/gf

Sunny Side up Egg, Black Bean Pico de Gallo, Guacamole / 12

Almond "Milk Bread" French Toast

Applewood Smoked Bacon, Mango Peach Preserve,
Cashew Cheesecake Dip / 13

Multigrain Pancakes veg

House Made Almond Ricotta & Berry-Chia Seed Preserves, Maple Syrup
Short Stack (3) / 8 Tall Stack (5) / 11

Farmer's Vegan Breakfast v/gf

Roasted Butternut Squash & Portabella Mushrooms, Organic Tomato,
Spinach, Toasted Ancho Chili Aoli, Sunflower Sprouts / 12

Apple-Raisin Oatmeal v/gf

Caramel Sauce, Strawberries, Toasted Coconut / 9

Samosa Adashah Scramble v/gf

Chickpeas, Spinach, Potatoes, Onions, Peppers, Sprouts / 11

Sides: Applewood Smoked Bacon or Chicken Sausage / 5
Add: Cheddar, Vegan or House Made Mozzarella Cheese / 2

v: vegan | veg: vegetarian | gf: gluten free

FEEL GOOD FOOD

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.

beverages

barista

All Drinks Are Available Decaffeinated Served with Organic Whole Milk, Soy, Almond, or Coconut Milk

Organic Coffee Service

Latitude 23.5 Organic "Roast Masters Blend" / 3

Single Espresso / 4

Double Espresso / 6

Americano

Espresso and Hot Water / 4

Macchiato

Espresso Topped with Steamed Milk Foam / 5

Mocha Macchiato

Espresso, Chocolate and Topped with Steamed Milk Foam / 5

Cappuccino

Espresso, Hot Milk, and Steamed Milk Foam / 5

Latte

Espresso and Steamed Milk / 5

Flavors: Mint Chocolate, Hazelnut, Pumpkin Spiced Caramel / 6

Café Mocha

Espresso, Chocolate and Steamed Milk / 6

Chai Tea Latte

Organic Black Tea, Chai Spice, Steamed Milk, Cinnamon Sprinkle / 6

Cold-Press Ice Coffee

 / 6

trend teas

Organic Trend Tea Served with Cane Sugar or Dry Natural Sweeteners

English Breakfast

This Tea Produces a Full Bodied Yet Smooth Cup. A Perfect Way to Start The Day / 4

Jade Cloud

A Lively, Delicious Everyday Green Tea Nurtured by the Clouds and Cool Mist of Early Spring / 4

Lemon Ginger

Chinese Green Tea with Ginger Root, Lemon Grass & Lemon Myrtle / 4

Chamomile & Mint

A Blend of Chamomile, Peppermint Leaf, Licorice Root and Lemon Peel (No Caffeine) / 4

Organic White Spice

White Tea with Star Anise and Helichrysum Flowers / 4

Reiki Blend

A Balance of Dried Fruits, Herbs and Flower Blossoms (No Caffeine) / 4

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