



farmer's table  
FRESH • HEALTHY • DELICIOUS

# sunrise menu

Served with a Choice of Yukon Gold Potato Hash or Seasonal Fruit

## Classic Rise & Shine <sup>gf</sup>

Scrambled Eggs, Applewood Smoked Bacon / 10

## Farmer's Market Omelet <sup>veg/gf</sup>

Organic Tomatoes, Spinach, Zucchini, Peppers / 12

ADD Cheese: House Made Mozzarella, Aged White Cheddar or Daiya "Provolone Style" Cheese / 1

## Crushed Avocado Toast <sup>veg</sup>

Multigrain Bread, Sunny Side-Up Eggs, Organic Tomato, Arugula, Cilantro Lime Dressing / 12

## Farmer's Table Palooza

Choice of Blueberry Multigrain Pancakes or Banana Bread French Toast,  
Scrambled Eggs, Applewood Smoked Bacon, Chicken Sausage / 15

## Grilled Steak and Eggs <sup>gf</sup>

Grass-Fed "Bistro" Steak & Scrambled Eggs / 19

## Sides / \$5

Applewood Smoked Bacon or Chicken Sausage

## signature items

### Banana Bread French Toast <sup>gf</sup>

Applewood Smoked Bacon, Sorghum Syrup, Cinnamon Dust / 13

### Oatmeal Banana Brûlée Skillet <sup>v/gf</sup>

Toasted Pecans & Strawberries / 8

### Multigrain Pancakes <sup>veg</sup>

House Made Almond Ricotta & Berry-Chia Seed Preserves

Short Stack (3) / 8 Tall Stack (5) / 11

### Farmer's Vegan Breakfast <sup>v/gf</sup>

Roasted Butternut Squash & Organic Tomato, Spiced Adashah,  
Spinach, Toasted Ancho Chili Aioli, Sunflower Sprouts / 12

v: vegan | veg: vegetarian | gf: gluten free | sus: sustainable | org: organic

## FEEL GOOD FOOD

We proudly serve grass-fed/grass-finished beef, free-range chicken and sustainable seafood and adhere to the Environmental Working Group's "Dirty Dozen" clean food philosophy. Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.

# beverages

## barista

All Drinks Are Available Decaffeinated Served with Organic Whole Milk, Soy, Almond, or Coconut Milk

### Organic Coffee Service

Latitude 23,5 Organic "Roast Masters Blend" / 3

**Single Espresso** / 4

**Double Espresso** / 4

### Americano

Espresso and Hot Water / 4

### Macchiato

Espresso Topped with Steamed Milk Foam / 4

### Mocha Macchiato

Espresso, Chocolate and Topped with Steamed Milk Foam / 4

### Cappuccino

Espresso, Hot Milk, and Steamed Milk Foam / 5

### Latte

Espresso and Steamed Milk / 5

Flavors: Mint Chocolate, Hazelnut, Pumpkin Spiced Caramel / 6

### Café Mocha

Espresso, Chocolate and Steamed Milk / 5

### Chai Tea Latte

Organic Black Tea, Chai Spice, Steamed Milk, Cinnamon Sprinkle / 6

**"Swami" Cold-Press Ice Coffee** / 6

## trend teas

Organic Trend Tea Served with Cane Sugar or Dry Natural Sweeteners

### English Breakfast

This Tea Produces a Full Bodied Yet Smooth Cup. A Perfect Way to Start The Day / 4

### Jade Cloud

A Lively, Delicious Everyday Green Tea Nurtured by the Clouds and Cool Mist of Early Spring / 4

### Lemon Ginger

Chinese Green Tea with Ginger Root, Lemon Grass & Lemon Myrtle / 4

### Chamomile & Mint

A Blend of Chamomile, Peppermint Leaf, Licorice Root and Lemon Peel (No Caffeine) / 4

### Organic White Spice

White Tea with Star Anise and Helichrysum Flowers / 4

### Reiki Blend

A Balance of Dried Fruits, Herbs and Flower Blossoms (No Caffeine) / 4

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We practice caution in preparing our gluten free items and do our best to insure a gluten free product. Farmer's Table is NOT a gluten free environment. In consuming our gluten free products, be aware that there may be a chance of cross contamination. Patrons are encouraged to consider this information in light of their individual requirements and needs.