



farmer's table
FRESH • HEALTHY • DELICIOUS

sunrise menu

Served with a Choice of Yukon Gold Potato Hash or Seasonal Melon

Classic Rise & Shine ^{gf}

Scrambled Eggs, Applewood Smoked Bacon / 10

Vanilla Cinnamon Scented Steel Cut Oatmeal ^{veg}

Berries, Honey Granola / 7

Poached Eggs

English Muffin, Smoked Bacon, Tomato, Kale Pesto / 12

Farmer's Omelet ^{gf}

Aged White Cheddar, Applewood Smoked Bacon, Spinach / 12

California Toast ^{veg}

Smashed Avocado, Organic Tomatoes, Sunny Side-Up Eggs, Sunflower Sprouts / 10

Farmer's Table Palooza

Choice of Blueberry Multigrain Pancakes or Banana Bread French Toast,
Scrambled Eggs, Applewood Smoked Bacon, Chicken Sausage / 14

Steak and Eggs ^{gf}

Grilled Grass-Fed "Bistro" Steak, Scrambled Eggs / 18

Lemon Vanilla Yogurt Parfait ^{veg}

Berries, Honey Granola, Goji Berries / 10

Vegan Breakfast Sandwich ^v

Seared Tofu, Avocado, Sprouts, Daiya Cheese, Tomato, Toasted Whole Wheat Bagel / 12

Banana Bread French Toast ^{gf}

Applewood Smoked Bacon, Sorghum Syrup, Cinnamon Dust / 12

v: vegan | veg: vegetarian | gf: gluten free | sus: sustainable | org: organic

FEEL GOOD FOOD

We proudly serve grass-fed/grass-finished beef, free-range chicken and sustainable seafood and adhere to the Environmental Working Group's "Dirty Dozen" clean food philosophy.

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.

beverages

barista

All Drinks Are Available Decaffeinated Served with Organic Whole Milk, Soy, Almond, or Coconut Milk

Organic Coffee Service

Latitude 23.5 Organic "Roast Masters Blend" / 3

Single Espresso / 3

Double Espresso / 4

Americano

Espresso and Hot Water / 3

Macchiato

Espresso Topped with Steamed Milk Foam / 4

Mocha Macchiato

Espresso, Chocolate and Topped with Steamed Milk Foam / 4

Cappuccino

Espresso, Hot Milk, and Steamed Milk Foam / 5

Latte

Espresso and Steamed Milk / 5

Flavors: Mint Chocolate, Hazelnut, Pumpkin Spiced Caramel / 6

Café Mocha

Espresso, Chocolate and Steamed Milk / 5

Chai Tea Latte

Organic Black Tea, Chai Spice, Steamed Milk, Cinnamon Sprinkle / 6

"Swami" Cold-Press Ice Coffee / 6

trend teas

Organic Trend Tea Served with Cane Sugar or Dry Natural Sweeteners

English Breakfast

This Tea Produces a Full Bodied Yet Smooth Cup. A Perfect Way to Start The Day / 3

Jade Cloud

A Lively, Delicious Everyday Green Tea Nurtured by the Clouds and Cool Mist of Early Spring / 3

Lemon Ginger

Chinese Green Tea with Ginger Root, Lemon Grass & Lemon Myrtle / 3

Chamomile & Mint

A Blend of Chamomile, Peppermint Leaf, Licorice Root and Lemon Peel (No Caffeine) / 3

Organic White Spice

White Tea with Star Anise and Helichrysum Flowers / 3

Reiki Blend

A Balance of Dried Fruits, Herbs and Flower Blossoms (No Caffeine) / 3

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