

# hometown

## FRESH FACE

Her official title is director of community outreach and education, but as those who've attended her cooking classes at **Farmer's Table** can attest, **Abigail Nagorski** just as easily could be known as Boca's ambassador for healthy eating. Her foodie passion, which blossomed as a child while feasting on multicultural cuisine in Abu Dhabi (where her father worked for nearly a decade), led to an eight-year stint with Whole Foods as culinary director of its Lifestyle Center. At Farmer's Table, she'll host weekly courses on everything from cutting calories out of your diet to seasonal cooking—all with a farm-to-kitchen spin. Visit [farmerstableboca.com](http://farmerstableboca.com) for details.

