



# sunrise menu

**BREAKFAST AVAILABLE MONDAY-FRIDAY 7AM-11AM**

Visit Us for Brunch on Saturday and Sunday from 8:00AM-3:00PM. Call Ahead for Takeout 561-417-5836.

## **Vanilla Bean Steel-Cut Oats**

Seasonal Berries, Honey Granola / 10

## **Poached Eggs**

Griddled English Muffin, Bacon, Heirloom Tomatoes, Spinach,  
E.B. Hollandaise, Sweet Potato Breakfast Hash / 15

## **Farmer's Omelet**

Aged White Cheddar, Bacon, Spinach, Sweet Potato Breakfast Hash / 12

## **Farmer's Table Palooza**

Blueberry Multigrain Pancakes, Scrambled Eggs, Bacon,  
Chicken Sausage, Sweet Potato Breakfast Hash / 14

## **Steak and Eggs**

Grilled Grass-Fed "Bistro" Steak, Two Eggs any Style,  
Toasted Pita, Sweet Potato Breakfast Hash / 18

## **Classic Rise & Shine**

Two Eggs any Style, Sweet Potato Breakfast Hash,  
Chicken Sausage, Pita / 10

## **Whole Wheat Breakfast Wrap**

Scrambled Eggs, Peppers and Onions, White Cheddar,  
Bacon, Sweet Potatoes / 12

We proudly serve grass-fed beef, free-range chicken and sustainable seafood and adhere to the Environmental Working Group's "Dirty Dozen" clean food philosophy.

Some items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Your meal may contain traces of flour as we are not a gluten-free facility.

# beverages

## barista

All Drinks Available Decaffeinated, Organic Whole Milk, Soy, Almond, or Coconut Milk

### Organic Coffee Service

Latitude 23.5 Organic "Roast Masters Blend" / 3

**Single Espresso** / 3

**Double Espresso** / 4

### Americano

Espresso and Hot Water / 3

### Macchiato

Espresso Topped with Steamed Milk Foam / 4

### Mocha Macchiato

Espresso, Chocolate And Topped With Steamed Milk Foam / 4

### Cappuccino

Espresso, Hot Milk, and Steamed Milk Foam / 5

### Latte

Espresso and Steamed Milk / 5

Flavors: Mint Chocolate, Chocolate Hazelnut, Pumpkin Spiced Caramel / 6

### Café Mocha

Espresso, Chocolate and Steamed Milk / 5

### Chai Tea Latte

Organic Black Tea, Chai Spice, Steamed Milk, Cinnamon Sprinkle / 6

**"Swami" Cold Press Ice Coffee** / 5

## trend teas

Organic Trend Tea Served with Cane Sugar or Dry Natural Sweeteners

### English Breakfast

This Tea Produces a Full Bodied Yet Smooth Cup. A Perfect Way to Start The Day / 3

### Jade Cloud

A Lively, Delicious Everyday Green Tea Nurtured by the Clouds and Cool Mist of Early Spring / 3

### Lemon Ginger

Chinese Green Tea with Ginger Root, Lemon Grass & Lemon Myrtle / 3

### Chamomile & Mint

A Blend of Chamomile, Peppermint Leaf, Licorice Root and Lemon Peel (No Caffeine) / 3

### Organic White Spice

White Tea with Star Anise and Helichrysum Flowers / 3

### Reiki Blend

A Balance of Dried Fruits, Herbs and Flower Blossoms (No Caffeine) / 3

v. vegan veg. vegetarian gf. gluten free sus. sustainable org. organic