



# 2 Forks and A Cork

The Food & Wine Lovers Blog

## Fresh Farm to Table Foods at Farmers Table – Boca Raton Fla.

Written by Tracy Augustin on February 26, 2014 · Leave a Comment

## Farm Fresh in Boca Raton Fla.



Farmers Table, Boca Raton Fla (inside the Wyndham Hotel),  
Fla casual attire, full bar

PRICE RANGE \$6 to \$22

Warm inviting atmosphere with poolside seating and a wonderful pleasing wait staff



Bison Cranberry Meatloaf

This being said I must say this is one of our favorite go to spots in our city we love! Joey Giannuzzi co owner(former owner of Green Gourmet Delray Beach) has become friends with us since we first arrived! He always makes his way over to the bar or our table to engage us in conversation and ask for any feedback positive or negative which I find a real plus in a restaurant! He said to me one time "we are here for the community and want ideas and feedback from the community"!

For cocktails we had **Crimson Crush**.....Boyd & Blair Vodka, Swami "Sweet Treat" Juice, Pomegranate, Shrub & Co. Grapefruit Shrub, Elderflower Liqueur and **Southern Hemisphere Lemonade** High West Vodka, Rothman & Winter Pear Liqueur, Kale, Kiwi, Pear, Cucumber, Lemon



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Skirt Steak with a root vegetable mix

The main course was the Bison Cranberry Meatloaf with a fresh vegetable mix and Skirt Steak with a root vegetable mix which are all locally raised farm to table. These were absolutely delicious meals

### **Farmer's Table Philosophy**

Truth in food. Our commitment to fresh, honest food begins with sourcing exceptionally clean ingredients from the best local farms so we know exactly where and how everything is produced. We believe the preparation and creation of a dish is just as important as the taste, which is why our focus is real food: fresh, healthy, delicious, satisfying dishes without excess fat, sodium or preservatives.





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We call our cuisine “feel good food” for several reasons. First, it’s good for you: nutritious and nourishing to the body without depriving you of flavor or satisfaction. Furthermore, it’s good for the community, as we support local farmers and artisans. Finally, it’s good for the planet, because we use eco-conscious purveyors and also implement environmentally friendly practices in our kitchen. Our food energizes the spirit and satisfies the senses, supporting the wellness of people and the planet.

You will love Farmers Table and prices are fair!

Until we meet again.....cheers my friends!